

CONTENTS

SCHEME OF WORK FOR RECEPTION, KEY STAGE 1 AND KEY STAGE 2..... (ii) - (ix)	
AIMS AND PURPOSES OF PHYSICAL EDUCATION IN THE PRIMARY SCHOOL.....	2
THE SPECIFIC CONTRIBUTION OF GAMES IN THE PRIMARY SCHOOL.....	3
GOOD PRACTICE IN GAMES.....	4
(1) REGULAR LESSONS	4
(2) SUITABLE CLOTHING	6
(3) GOOD ORGANISATION	7
(A) ORGANISATION OF EQUIPMENT.....	7
ADVANTAGES OF THE COLOUR CODING SYSTEM.....	8
(B) ORGANISATION OF CHILDREN.....	9
(C) ORGANISATION OF GROUP NUMBERS.....	10
(D) ORGANISATION OF THE GAME.....	12
(E) ORGANISATION OF THE PLAYING AREA.....	13
(4) PURPOSEFUL AND ACTIVE LESSONS	15
(5) A STRUCTURED LESSON	18
(A) OUTLINE OF THE BASIC FRAMEWORK.....	19
(B) DELIVERY.....	20
(6) DELIVERY OF A BREADTH OF GAMES EXPERIENCES	22
(A) TARGET GAMES.....	25
(B) NET / WALL / COURT GAMES.....	26
(C) STRIKING AND FIELDING GAMES.....	27
(D) INVASION GAMES.....	28
(E) CONSIDERATIONS - WHEN TO INTRODUCE THE DIFFERENT GAMES.....	29
(F) THE DEVELOPMENT OF A SKILL.....	32
(G) GAMES FOR UNDERSTANDING.....	33
(H) INVENTING A GAME - CREATIVE GAMES MAKING.....	35
(I) GAMES-MAKING / PROBLEM-SOLVING - A WORKABLE STRATEGY.....	38
(7) A LESSON SHOULD BE PART OF AN OVERALL PROGRESSIVE SCHEME	39
A USING THE SCHEME WITH MIXED AGE CLASSES.....	40
B DELIVERY OF THE UNITS OF WORK.....	40
C DIFFERENTIATION.....	41
D TEACHING STRATEGIES.....	42
E PACE.....	43
ASSESSMENT IN GAMES	46
ASSESSMENT IN RELATION TO THE ATTAINMENT TARGET.....	46
ASSESSING PUPILS' PROGRESS IN PHYSICAL DEVELOPMENT AT THE END OF RECEPTION (FOUNDATION STAGE).....	48
EXPECTED LEARNING OUTCOMES BY THE END OF RECEPTION YEAR.....	49
PRIMARY SCHOOL GAMES - KEY STAGE 1 ASSESSMENT SHEET.....	50
NATIONAL CURRICULUM FOR ENGLAND (2000) GAMES KEY STAGE 1.....	51
EXPECTATIONS BY 7 YEARS OF AGE GAMES.....	52

UNITS OF WORK - RECEPTION AND KEY STAGE 1	53 -176
LESSON PLANS	
RECEPTION UNIT 1 - FOCUS ON USING BEAN-BAGS	55
LEARNING OBJECTIVES.....	57
UNIT FRAMEWORK	57
EXPECTED LEARNING OUTCOMES.....	58
LESSONS 1 TO 6	59 - 64
RECEPTION UNIT 2 - FOCUS ON USING A BALL	65
LEARNING OBJECTIVES.....	67
UNIT FRAMEWORK	67
EXPECTED LEARNING OUTCOMES.....	68
LESSONS 1 TO 6	69 - 74
RECEPTION UNIT 3 - FOCUS ON USING HOOPS AND QUILTS	75
LEARNING OBJECTIVES.....	77
UNIT FRAMEWORK	77
EXPECTED LEARNING OUTCOMES.....	78
LESSONS 1 TO 6	79 - 84
RECEPTION UNIT 4 - FOCUS ON USING ROPES, BATS AND BALLS	85
LEARNING OBJECTIVES.....	87
UNIT FRAMEWORK	87
EXPECTED LEARNING OUTCOMES.....	88
LESSONS 1 TO 6	89 - 94
YEAR 1 UNIT 1 - FOCUS ON BALL SKILLS AND GAMES	95
LEARNING OBJECTIVES.....	97
UNIT FRAMEWORK	97
EXPECTED LEARNING OUTCOMES.....	98
LESSONS 1 TO 6	99 - 104
YEAR 1 UNIT 2 - THROWING AND CATCHING - AIMING GAMES	105
LEARNING OBJECTIVES.....	107
UNIT FRAMEWORK	107
EXPECTED LEARNING OUTCOMES.....	108
LESSONS 1 TO 6	109 - 114
YEAR 1 UNIT 3 - BAT / BALL SKILLS AND GAMES - SKIPPING	115
LEARNING OBJECTIVES.....	117
UNIT FRAMEWORK	117
EXPECTED LEARNING OUTCOMES.....	118
LESSONS 1 TO 6	119 - 124
YEAR 1 UNIT 4 - DEVELOPING PARTNERWORK	125
LEARNING OBJECTIVES.....	127
UNIT FRAMEWORK	127
EXPECTED LEARNING OUTCOMES.....	128
LESSONS 1 TO 6	129 - 134

YEAR 2 UNIT 1 - THROWING AND CATCHING - INVENTING GAMES	135
LEARNING OBJECTIVES.....	137
UNIT FRAMEWORK	137
EXPECTED LEARNING OUTCOMES.....	138
LESSONS 1 TO 6	139 - 144
ADDITIONAL GAMES.....	145 - 146
YEAR 2 UNIT 2 - MAKING UP A GAME	147
LEARNING OBJECTIVES.....	149
UNIT FRAMEWORK	149
EXPECTED LEARNING OUTCOMES.....	150
LESSONS 1 TO 6	151 - 156
YEAR 2 UNIT 3 - DRIBBLING, KICKING AND HITTING	157
LEARNING OBJECTIVES.....	159
UNIT FRAMEWORK	159
EXPECTED LEARNING OUTCOMES.....	160
LESSONS 1 TO 6	161 - 166
YEAR 2 UNIT 4 - GROUP GAMES AND INVENTING RULES	167
LEARNING OBJECTIVES.....	169
UNIT FRAMEWORK	169
EXPECTED LEARNING OUTCOMES.....	170
LESSONS 1 TO 6	171 - 176
TEACHING POINTS FOR BASIC SKILLS KEY STAGE 1	177 - 202
(1) ROLLING AND RECEIVING A BALL	179
(A) ROLLING A LARGE BALL ALONG THE GROUND	179
(B) ROLLING OR SLIDING A BALL / BEANBAG ALONG THE GROUND	179
(C) ROLLING OR SLIDING IN A DIFFERENT DIRECTION	180
(D) RECEIVING A ROLLING BALL (LARGE OR SMALL) OR SLIDING BEANBAG	180
(E) ROLL THE BALL AWAY, RUN AND STOP IT	181
(F) ROLL THE BALL AWAY, OVERTAKE IT AND PICK IT UP	181
(2) THROWING AND CATCHING AS AN INDIVIDUAL	182
(A) THROWING AND CATCHING A LARGE BALL.....	182
(B) THROWING AND CATCHING A BEANBAG OR SMALL BALL.....	182
(C) THROWING AND CATCHING A SMALL BALL OR BEANBAG WITH ONE HAND	183
(D) THROWING A BALL INTO THE AIR, LETTING IT BOUNCE ONCE BEFORE CATCHING IT.	183
(3) THROWING AND CATCHING WITH A PARTNER	184
(A) ROLLING AND RECEIVING.....	184
(B) THROWING UNDERARM AND CATCHING	184
THROW	185
CATCH	185
(C) CATCHING A HIGH BALL	186
CATCHING A LOW BALL	186
(4) OVERARM THROWING	187

(5) BOUNCING A BALL INDIVIDUALLY	188
(A) BOUNCE A BALL TO CATCH IN TWO HANDS	188
(B) BOUNCE A BALL DOWNWARDS MORE THAN ONCE ON THE SPOT	188
(C) MAKING A BALL BOUNCE WHEN MOVING FORWARDS, SIDEWAYS OR BACKWARDS	189
(D) BOUNCING THE BALL AT DIFFERENT SPEEDS / HEIGHTS.....	189
(6) BOUNCING A BALL TO A PARTNER	190
(A) BOUNCE A BALL TO CATCH IN TWO HANDS	190
(B) OVERARM BOUNCE FOR PARTNER TO CATCH.....	190
(7) USING A QUOIT	191
(A) ROLLING A QUOIT ALONG THE GROUND	191
(B) THROWING A QUOIT	191
(8) THROWING AND CATCHING A LARGE BALL WITH A PARTNER	192
(A) CHEST PASS	192
(B) TWO-HANDED UNDERARM PASS (<i>With a large / medium or rugby ball</i>).....	193
(9) USING A LARGE BALL WITH THE FEET	194
(A) KICKING A BALL	194
(B) RECEIVING AND STOPPING A BALL WITH THE FOOT	194
(C) DRIBBLING A BALL WITH THE FEET	195
(10) DRIBBLING AND STRIKING WITH AN IMPLEMENT	196
(A) DRIBBLING A LARGE BALL WITH THE HAND	196
(B) DRIBBLING WITH A PLAYBAT	196
(C) DRIBBLING WITH A HOCKEY STICK OR UNIHOC STICK	197
(D) STRIKING A BALL WITH THE HAND	197
(E) STRIKING THE BALL ON THE GROUND WITH A BAT.....	198
(F) PUSHING THE BALL ALONG THE GROUND WITH A HOCKEY STICK	198
(G) STRIKING A BALL IN THE AIR WITH A BAT	199
(H) BOUNCING THE BALL IN THE AIR ON A BAT.....	199
(I) ONE PERSON THROWING A BALL FOR PARTNER TO HIT	200
(J) HITTING A BALL TO EACH OTHER.....	200
(11) SKIPPING	201
(A) SKIPPING WITHOUT A ROPE.....	201
(B) SKIPPING WITH A ROPE	201
INTEGRATION OF “TOP PLAY” AND “TOP SPORT” CARDS INTO THE PRIMARY SCHOOL GAMES SCHEME BY VAL SABIN	203 - 214